Date \_\_\_\_\_

To Whom It May Concern:

I am recommending and advising that my patient, \_\_\_\_\_

does / does not, work / return to work as of \_\_\_\_/\_\_\_, until \_\_\_\_/\_\_\_.

The following restrictions apply:

\_\_\_\_\_ Injury prevents any work at all.

\_\_\_\_\_ Light duty - no lifting over \_\_\_\_\_ lbs.

\_\_\_\_\_ No standing in excess of \_\_\_\_\_ minutes.

- \_\_\_\_ Normal activity
- \_\_\_\_\_ other \_\_\_\_\_

If you should have any questions, please contact Dr. Kraskow at the above office.

Yours In Good Health,

Dr. Steven P. Kraskow, D.C.